

Lizbeth Valdivia-Jauregui

Curriculum Vitae

EDUCATION

Scripps College, Claremont, CA

August 2018 – May 2023

Bachelor of Arts, **Psychology**; GPA: 3.94

Minor, Chicana-Latina Studies

Thesis: *Traditional Ancestral Knowledge in Pomona Community Gardens*

PUBLICATIONS

Peer-Reviewed Journal Articles

Bartholomew, T. T., Robbins, K. A., **Valdivia-Jauregui, L.**, Lockard, A. J., Pérez-Rojas, A. E., & Keum, B. T. (2022). Center effects, therapist effects, and international students drop out from psychotherapy. *Journal of Counseling Psychology, 69*, 287-297.

Manuscripts in Preparation

Valdivia-Jauregui, L., & Bartholomew, T. (in preparation). *Traditional Ancestral Preservation in Pomona Community Gardens*.

Bartholomew, T. T., Smith, E., **Valdivia-Jauregui, L.**, Pérez-Rojas, A. E., Robbins, K. A., & Joy, E. E. (in preparation). Black clients' perceptions of their therapists' cultural comfort and discussions of anti-Black racism: A mixed methods study.

Bartholomew, T. T., Morales, A., Tsai, C., Molina, A., & **Valdivia-Jauregui, L.** (in preparation). Hope, mental health, and help-seeking among first-generation college students.

Maldonado Aguiñiga, S., Bartholomew, T. T., & **Valdivia-Jauregui, L.** (in preparation). Multiple case study of former lifers' strengths and adjustment experiences in higher education.

PRESENTATIONS

Conference Paper Presentations

Bartholomew, T. T., Robbins, K. A., **Valdivia-Jauregui, L.**, Lockard, A. J., Pérez-Rojas, A. E., & Keum, B. T. (under review). Center effects, therapist effects, and international students drop out from psychotherapy. In T. T. Bartholomew, International Students & Psychotherapy. Paper under review to be presented at 2021 annual meeting of the Society for Psychotherapy Research, Heidelberg, Germany.

Valdivia-Jauregui, L., (2021, August). The reentry experience of former lifers in higher education. In A. S. Case and S. Maldonado-Aguiñiga (Co-chairs), *Homecoming: Supporting returning citizens in their reentry experiences post-incarceration*. Symposium presented at the American Psychological Association Convention, San Diego, CA.

Conference Poster Presentations

Valdivia-Jauregui, L., (in preparation). *Traditional Ancestral Preservation in Pomona Community Gardens*. Poster under review to be presented at the annual meeting of the Society for Cross-Cultural Research, San Juan, Puerto Rico.

Bartholomew T. T., Kein, J., Molina, A., Smith, E., Tsai, C., **Valdivia-Jauregui, L.** (2022, February). A Preliminary Examination of Psychological Distress, Discrimination, and Mental Health Literacy among People Displaced from Burma. Poster presented at the annual meeting of the Society for Cross-Cultural Research, San Diego, CA.

Rombaoa, J. P., Heshmati, S., Rodriguez, M., Owen, T., Li, Y., **Valdivia-Jauregui, L.**, Avendaño Dreyfuss, L., Ho, J., & Ledbetter, J. (2021, July 15–17). *The daily use of DBT ABC PLEASE skills and first-years students' well-being during COVID-19: An ecological momentary assessment study*. [Gallery presentation]. 7th International Positive Psychology Association (IPPA) World Congress, Virtual, Online.

Bartholomew, T. T., **Valdivia-Jauregui, L.**, Robbins, K. A., Joy, E. E., Kang, E., & Maldonado-Aguiñiga, S. (2020, August). Neo-colonialism in counseling psychology research: A review of scale translation and utilization. Poster accepted to be presented at the 128th annual convention of the American Psychological Association, Washington DC.

CLINICAL & TEACHING EXPERIENCE

Tri-City Peer Mental Health Center, Claremont, CA 11/20 – 4/22

- **Supervisor:** Jennifer Phang
- **Role:** Bilingual Peer Mentor
- **Duties:** Provided peer mentorship to Tri-City community members (Claremont, La Verne, Pomona) ages; 18-65+ suffering with mental health challenges related to personal life; contacted mentees individually on a weekly basis and provided a safe and non-judgmental environment; attended biweekly educational trainings focused on cultural awareness and gaining knowledge about mental health to develop supportive and healthy relationships with Tri-City mentees

U.S. Department of Health & Human Services: Office of Refugee Resettlement 1/21 – 10/21

- **Supervisor:** Nefreteri Alvarado
- **Role:** Bilingual Youth Care Worker
- **Duties:** Assisted unaccompanied migrant children (UCM) with the refugee reunification process paperwork as part of the on-site discharge team to provide a safe local

reunification with family residing in the United States; worked closely with Cherokee Federal to provide hygiene kits and daily meals for UCM in order to ensure a caring supportive environment; translated important case updates in Spanish to migrant children with case workers and assigned lawyers regarding reunification process

Pomona Unified School District Family Support Services, Pomona, CA 3/19 – 11/19

- **Supervisor:** Frank Zappia and Marcus Rodriguez, Ph.D.
- **Role:** Bilingual Intern, Student Support Specialist
- **Duties:** Worked directly with Senior Social Workers conducting wellness school mental health triages with 40 Spanish-speaking PUSD families and analyzing each case with a LMFT in referring families to community mental health providers and family support services; contacted low-income and houseless Spanish speaking families and providing with hotel vouchers, bus passes, hygiene kits, school supplies and meals; directed several family members to National Council on Alcoholism and Drug Dependence Center and walk them through the process of enrolling desired member

RESEARCH EXPERIENCE

Culture & Psychotherapy Mental Health Lab, Scripps College, Claremont, CA 1/19 – present

- **Principal Investigator:** Theodore Bartholomew, Ph.D.
- **Role:** Research Manager
- **Duties:** Transcribe mixed methods research and compile literature reviews for various paper topics such as therapy termination among International students, cultural validity of Western scales on non-Western populations, and help seeking attitudes among refugee communities leading to publish research aiding in culturally competent therapy

Global Mental Health Lab, Pitzer College, Claremont, CA 9/18 – present

- **Principal Investigator:** Marcus Rodriguez, Ph.D.
- **Role:** Lead Research Assistant
- **Duties:** Training and assisting participants in accessing online software pertaining to mindfulness interventions using peer support to increase well-being in first-year undergraduate students in a 46-day longitudinal study,

Well-Being & Developmental Methods Lab, CGU University, Claremont, CA 10/19 – 4/21

- **Principal Investigators:** Saida Heshmati, Ph.D. and Marcus Rodriguez, Ph.D.
- **Role:** Lead Research Assistant for undergraduate students
- **Duties:** Trained 7 new research assistants to run participants in the next sample of 46-day study by running mock interviews to prepare research assistants to host participant informational sessions, checking in with participants throughout the 46 days and making sure online mindfulness intervention software was running properly

LEADERSHIP

Institutional Review Board Committee, Scripps College, Claremont, CA 5/22 – present

- **Role:** Student Representative (1 of 2 faculty-elected students)
- **Duties:** Meet biweekly to read and revise full-board research proposals, determining whether proposals meet Belmont Report ethical standards; additional comments on

methodology are provided; independently reviewing proposals and collaborating with board members to reach a conclusion

First-Generation at Scripps Program, Scripps College, Claremont, CA 9/19 – present

- **Role:** Peer Mentor
- **Duties:** Provide 7 underclassman first-generation mentees with resources to navigate higher education, securing research lab opportunities, and hosting wellness check-ins

Office of Student Engagement, Scripps College, Claremont, CA 8/19 – present

- **Role:** Residential Life Advisor (RA)
- **Duties:** College mentor responsible for creating a safe and community centered living environment for off-campus housing; mediating conflict management between residents; hosting weekly community distress drop-in hours for residents

Tiernan Field House, Scripps College, Claremont, CA 10/22 – 11/22

- **Role:** Building Coordinator
- **Duties:** Expressed my creativity and planned weekly body positivity and holistic wellness events centered around mental health

Claremont Student-Worker Alliance, Scripps College, Claremont, CA 12/18 – 11/22

- **Role:** Vice President
- **Duties:** Helped coordinate worker appreciation events for dining hall, maintenance, and housekeeping staff to foster solidarity among students and workers; led and fundraised \$68,441 for a mutual aid fund during the beginning stages of the pandemic to help workers with medical expenses and groceries

COMMUNITY ENGAGEMENT

Grassroots Community Gardens, Pomona, CA 4/19 – present

- **Sites:** GrowingRoots, BuenaVista, Esperanza, and Huerta Del Valle Community Gardens
- **Role:** Community Volunteer
- **Duties:** Planting, harvesting, and helping in the distribution of pesticide-free produce boxes to community members to combat food insecurity in the Inland Empire area; tabling on behalf of GrowingRoots to raise awareness on our volunteer-work days and canvassing to low-income families in Pomona to join the community garden; aiding in social media fundraising for garden operations to host herbal medicinal workshops, and art making zines for children

AWARDS, HONORS, & FELLOWSHIPS

2018 – present Dean's List

2022 Dean of Faculty Student Conference Travel Award, Society for Cross-Cultural Research
\$900 for travel to 2023 SCCR Conference

2022 Racial and Justice Equity Fellowship
\$4,600 to conduct a summer research project

2021 Dean of Faculty Student Conference Travel Award, Society for Cross-Cultural Research
\$350 for travel to 2022 SCCR Conference

2021 Letters to Strangers Youth Mental Health Mary Louthier Award
\$300 for mental health care advocacy related costs

2020 City of Pomona Community Garden Volunteer

CERTIFICATIONS

10/2022 Collaborative Institutional Training Initiative Social & Behavioral Research

3/2019 California Child Abuse Mandates Reporter Online Training for General
 Training and School Person

SKILLS

Foreign Language Proficiency: Literate and Fluent in Spanish

Statistical Programming Softwares: Qualtrics (survey design), SPSS Statistics, Canvas (learning management system)

Other Softwares: Microsoft Suite 2022 (Word, Excel, PowerPoint), AutoCAD

Social Media: Instagram, Facebook, Twitter

Relevant Completed Coursework (Undergraduate Level)

Research Design in Psychology with Lab
Mixed Methods Research
Counseling Psychology Research
Psychological Statistics,
Experimental Child Psychology
Psychological Disorders
Psychology of the Chicanx-Latinx
Dialectical Behavior Therapy (DBT)
Gender, Race, & Class
Clinical Neuropsychology
The Psychology of Indigenous Diasporic Communities
Plants, Magic, and Race,
Latina Activism Work & Protest
Music & Healing African Diaspora
Writing for Social Justice
AfroLatinidades

Additional Experience

Office of Enrollment and Admission, Scripps College, CA

- **Role:** Senior Admission Interviewer and Admission Ambassador

- **Duties:** Interviewed prospective students for the 2023-2024 academic school year and conducted three daily tours around campus for prospective students

EasterSeals SoCal (SoCal Autism Disability and Service Center), Inc., Irvine, CA 2020-2021

- **Role:** Behavior Interventionist
- **Duties:** Practiced Applied Behavior Analysis (ABA) therapy with 4 children on the autism spectrum twice a week

PROFESSIONAL REFERENCES

Theodore Bartholomew, Ph.D.
Associate Professor
Department of Psychology
Scripps College
Email: tbarthol@scrippscollege.edu

Marcus Rodriguez, Ph.D.
Assistant Professor
Department of Psychology
Email: marcus_rodriguez@pitzer.edu

Martín Vega Olmedo
Assistant Professor
Department of Spanish, Latin American and Caribbean Literatures and Cultures
Email: mvega@scrippscollege.edu