## CAROLYN WILLIAMS CURRICULUM VITAE

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### **EDUCATION**

09/2017 – 05/2021	Scripps College, Claremont, CA Bachelor of Arts in Psychology; GPA: 3.92 <u>Honors Thesis:</u> <i>Psychometrics of the Parental Validation Scale</i> <u>Thesis Advisers:</u> Marcus Rodriguez, Ph.D., and Jennifer Ma, Ph.D. <u>Relevant Coursework:</u> Dialectical Behavior Therapy, Internships in Psychology, Psychological Disorders, Ethnic Minority Psych & Mental Health
01/2020 - 05/2020	Institute for International Education of Students, Granada, Spain All courses taken in Spanish.

# Relevant Coursework: Cross-Cultural Psychology

### AWARDS and ACADEMIC HONORS

05/2020 - 08/2020	Global Mental Health Lab Summer Research Fellowship
12/2017 – present	Dean's List
04/2021	Psi Chi Member, The International Honor Society for Psychology

### **RESEARCH EXPERIENCE**

05/2020 – present	Global Mental Health Lab, Pitzer College, Claremont, CA
	• <u>Supervisor:</u> Marcus Rodriguez, Ph.D.
	<u>Role:</u> Project lead and research assistant
	• <u>Topic:</u> Developing original scale measuring parental validation, adding
	empirical support to Dr. Marsha Linehan's biosocial model of emotion
	regulation.
	• <u>Duties:</u> Using psychology databases to review and synthesize literature,
	using Dialectical Behavior Therapy models to design two new validation
	measures with Dr. Rodriguez, designing multiple studies leading to
	eventual publication of full manuscript.
	• Long-term goal: Analyzing the role of parents' validation and invalidation
	on their children's development of mental health symptoms.

#### 08/2018 – 11/2018 Emotions, Well-Being, and Health Lab, Scripps College, Claremont, CA

- <u>Supervisor:</u> Lahnna Catalino, Ph.D.
- <u>Role:</u> Research assistant
- <u>Topic:</u> Developed new measure called *Prioritizing Positivity Scale*.
- <u>Duties:</u> Conducted literature reviews, statistically analyzed data through SPSS to assess the validity and reliability, summarized research findings into collaborated poster presented at the International Positive Psychology Association in Melbourne, Australia.

### **CONFERENCE PRESENTATIONS and INVITED TALKS**

- Catalino, L.I., Boulton, A.J., Mahdavi, K., Waldsburger, E., Weiss, C., & **Williams, C.** (July, 2019). *Development and validation of the prioritizing positivity scale*. Poster presented at the biannual meeting of the International Positive Psychology Association, Melbourne, Australia.
- Williams, C., & Hanstad, A. (July, 2019). *Crash Course on Consent*. Next Generation Scholars, Branson High School, Ross, CA.

### CLINICAL and TEACHING EXPERIENCE

10/2020 - 12/2020	<ul> <li>Pomona Unified School District Family Support Services, Pomona, CA</li> <li>Supervisor: Jose Dueñas and Marcus Rodriguez, Ph.D.</li> <li>Role: Bilingual Intern, Student Support Specialist</li> <li>Duties: Conducting wellness check-ins with 40 Spanish-speaking PUSD families and referring them to mental health and family support services; communicating with families whose children have social and academic difficulties during COVID-19 pandemic; translating crucial documents and forms from English to Spanish.</li> </ul>
07/2020 – present	<ul> <li>Scripps Advocates for Survivors of Sexual Assault, Scripps College, Claremont, CA</li> <li><u>Role:</u> Advocate for anonymous, non-reporting, peer-to-peer resource that support survivors of sexual harassment, sexual assault, dating violence, and stalking at the Claremont Colleges.</li> <li><u>Duties:</u> Operating a warm line to provide survivors with resources and emotional support; underwent 30 hours of trauma-informed, culturally attuned training.</li> </ul>
05/2019 – 08/2019	<ul> <li>Next Generation Scholars, San Rafael, CA</li> <li>Supervisor: Sally Matsuishi, Executive Director and Founder</li> <li><u>Role:</u> Social Services Intern</li> <li><u>Duties:</u> <ul> <li>Worked directly with Executive Director to update and revise Social Services Survey used to determine backgrounds of students and</li> </ul> </li> </ul>

their families to better serve their financial, educational, and psychological needs.

- Created bilingual, culturally responsive materials serving lowincome, Latinx, immigrant communities.
- Executed an emergency response plan to support children and families during ICE raids in the community; wrote curricula and coordinated multiple days of programming to support a community in crisis.

#### 05/2019 – 08/2019 Next Generation Scholars, Branson High School, Ross, CA

- <u>Role:</u> Lead Teacher, "Speak Truth to Power"
- Duties:
  - Created two original multicultural curricula for 70 low-income children ages 10 to 18.
  - Used positive and narrative psychology models to inform lessons promoting positive identity formation in children who are trauma survivors and at high risk for anxiety, depression, and PTSD.
  - Worked with faculty to coordinate treatment plans for students with mental, developmental, and physical challenges.

#### 05/2018 – 08/2018 Next Generation Scholars, Branson High School, Ross, CA

- <u>Supervisor:</u> Javier Espinoza, Lead Teacher
- <u>Role:</u> Teaching Intern, "Speak Truth to Power", "Gender Studies 101"
- Duties:
  - Created original curricula for and taught an identity formation public-speaking class and Gender Studies class; taught 5 classes to 7 different grade levels for a total of 80 low-income middle and high school students.

### LEADERSHIP

10/2019 – present	<ul> <li>Psi Chi, Scripps College, Claremont, CA</li> <li><u>Role:</u> Programming Committee Member</li> </ul>
	• <u>Duties:</u>
	<ul> <li>Responsible for planning and organizing Psychology events for over 100 undergraduate Psychology majors, including mentorship, pre- registration guidance, and building a supportive, driven community.</li> </ul>
	<ul> <li>Helped create registration guide for Psychology majors, outlining major/minor requirements, listing available Psychology courses, gathering student contact information regarding class and professor feedback, and answering frequently asked questions concerning the Psychology major and minor.</li> </ul>
09/2019 – present	Institutional Review Board Committee, Scripps College, Claremont, CA
	• <u>Role:</u> Student Representative (One of two faculty-elected students)

- Duties:
  - Meeting biweekly to read and revise full-board research proposals, determining whether proposals meet Belmont Report ethical standards; additional comments on methodology are provided.
  - Independently reviewing proposals and collaborating with board members to reach a conclusion.

### CERTIFICATIONS

10/2020	California Child Abuse Mandated Reporter Online Training for General Training and School Personnel
08/2018	National Institute of Health Online Training for Protecting Human Research Participants

### SKILLS

Foreign Language Proficiency

Literate and fluent in Spanish

#### <u>Computer</u>

Microsoft Suite (Word, Excel, PowerPoint); SPSS

Public Speaking

### REFERENCES

Marcus Rodriguez, PhD (Supervisor, Professor, and Thesis Advisor) Assistant Professor of Psychology, Pitzer College Email: <u>Marcus\_Rodriguez@pitzer.edu</u> Cell: (919) 935-8225

Jennifer Ma, PhD (Professor and Thesis Advisor) Visiting Assistant Professor of Psychology, Scripps College Email: <u>JMa@scrippscollege.edu</u>

Sally Matsuishi (Previous Employer) Founder, Former Executive Director, Next Generation Scholars Email: <u>SallyMatsuishi@gmail.com</u> Cell: (415) 717-1125